

THE SPA

At Lusaka Legacy

Serenity . Tranquility . Renewal

The Spa @ Lusaka Legacy Resort

Serenity. Tranquility. Renewal.

Experience bespoke face and body treatments using SKIN Africa Cosmetics — natural, handcrafted skincare made in Zambia. Our menu is thoughtfully designed to restore balance, beauty, and wellbeing.

Massage Treatments are available for in room treatment but do incur additional 20% surge charge and require at least 2 hours notice.

TO SCHEDULE AN APPOINTMENT:

For inquiries or bookings, please reach out to The Spa at

Monday to Thursday

15pm to 22 hrs

Friday to Sunday

9am till 16 hrs

Call

0962672843/

0762350720

email;

reception@llhcc.com/

reservations@llhcc.com

We highly esteem our team members and expect you to treat them with the utmost respect they deserve.

Failure to comply may result in refusal of service.

CANCELLATION POLICY:

To avoid being charged the full treatment fee, kindly inform the spa in advance if you need to reschedule or cancel your appointment.

Any appointments rescheduled without notice may incur a 10% non refundable fee based on the treatment value.



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Massages



Our natural massage oils are hand-blended with care, using nutrient-rich Grapeseed oil — abundant in omega fatty acids and vitamin E — as the base. Choose your preferred blend, or allow your therapist to recommend one that best suits your needs.

Back Ache – Wintergreen & Lavender

Invigorating and warming, this blend helps ease muscle tension and soothe deep aches, perfect after travel.

Stress Relief – Orange & Vetiver

A calming, grounding combination that melts away stress, quiets the mind, and promotes a deep sense of relaxation.

Fatigue Relief – Thyme & Lime

Refreshing and clarifying, this energizing blend helps combat exhaustion, uplift the senses, and stimulate circulation.

Detox – Rosemary & Geranium

A cleansing and revitalizing synergy that supports lymphatic drainage and helps purify and tone the body.

MASSAGES

Back & Neck Massage

30 Minutes K 550

60 Minutes K 750

A deeply relaxing massage focusing on areas of tension in the back, shoulders, and neck.

Hot Stone Back & Neck Massage

30 Minutes K 700

60 Minutes K 820

Smooth, heated stones melt away muscle tension while calming the mind.

Head & Neck Massage

30 Minutes K 500

A soothing massage to release tension and promote mental clarity.

Foot Massage

30 Minutes K 350

30 Minutes With Hot Stones K 420

Revive tired feet and restore balance through pressure points and soothing strokes.

MASSAGES

Swedish Massage

60 Minutes K 800

90 Minutes K 920

Long, flowing strokes ease muscle tension, improve circulation, and restore calm.

Deep Tissue Massage

60 Minutes K 900

90 Minutes K 1000

A firm-pressure massage designed to release deep muscle knots and stiffness.

Hot Stone Massage

60 Minutes K 900

90 Minutes K 1000

A full-body experience using heated stones to restore energy balance and release tension.

Prenatal Massage

30 Minutes K 600

60 Minutes K 800

A nurturing experience designed for mothers-to-be. Helps ease back pain, reduce swelling, and promote overall relaxation.

SPECIALISED MASSAGE TREATMENTS

Signature Lusaka Legacy Treatment

2 hours

K1500

Indulge in a restorative experience with our signature body treatment. This luxurious session begins with a stimulating Espresso Body Scrub. Following this, unwind with a tension alleviating 60-minute Swedish massage. A soothing facial massage will boost your youthful glow concluding this memorable experience.

Ukuchina Massage

70 Minutes

K 1000

A traditional Zambian hot towel massage. We use eucalyptus-infused towels pressed on the body to relieve muscle tension and improve circulation. This method provides therapeutic heat to ease tightness, reduce inflammation, and promote relaxation, with the added benefit of using a balm enriched with Mafura and Marula oil for deep nourishment.

BODY TREATMENTS

Body Buff

Treatment only K500

With 60-min Massage K 1250

A 30-minute rejuvenating exfoliation using natural exfoliants and essential oils to smooth and refresh the skin. Finished with a hydrating body lotion when not paired with a relaxing massages.

Coffee & Mint Body Wrap

Treatment only K550

With 60-min Massage K 1350

An energizing espresso scrub mixed with cooling coffee mint activator to boost circulation, tone, and awaken the senses.

Enzyme Body Wrap

Treatment only K550

With 60-min Massage K 1350

Infused with active enzymes and brightening powder, this wrap improves skin texture, refines tone, and promotes radiant skin.



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Facials

Each facial is thoughtfully designed to restore balance, radiance, and vitality using our naturally crafted, locally made skincare range. Every ingredient — from Moringa to Kigelia — is chosen for its potency and purity, creating treatments that nurture ALL skin types & Genders.

FACIALS

Express Glow Facial

30 mins | K500

Short on time, big on results. This refreshing mini facial delivers an radiance boost. Includes a gentle cleanse, exfoliation, and revitalizing mask to hydrate the skin. Does not include steam, extraction, or facial massage.

Hydration Facial

60 mins | K890

Quench thirsty skin with this ultra-hydrating facial enriched with Kigelia facial oil and moisture-boosting serum. Includes a double cleanse, enzymatic exfoliation, and soothing facial massage to enhance circulation. Finished with a hydrating mask and moisturiser.

Moringa Radiance Facial

60 mins | K890

Revive dull, tired skin with antioxidant-rich Moringa. This treatment includes a double cleanse, enzyme exfoliation, and lifting facial massage to energize and detoxify the skin. A cocktail of serums and a vitamin mask leave the complexion bright and luminous.

Zuva Restorative Facial

90 mins | K1000

A complete sensory reset. This signature experience combines warm stone facial massage with our Moringa Vitalizing range for deep relaxation and rejuvenation. Includes double cleansing, enzymatic exfoliation, hand mask treatment, and revitalizing vitamin mask. Skin feels renewed, lifted, and nourished.

Waxing



Italwax provides professional waxing cosmetics that adhere to a blend of modern and traditional Italian formulas, meticulously crafted in its private laboratory in Milan. The facility is equipped with state-of-the-art machinery from Germany and Italy to maintain the integrity of the natural and organic raw materials.

Italwax waxes are known for their strong adhesion to hair, ensuring that the hair removal process is highly effective, quick, safe, and relatively painless.

WAXING

We provide wax-based hair removal treatments that offer a clean, smooth, and effective experience. Our services rely on Ital Wax depilation products, which are specially formulated to remove hair safely while protecting your skin.

Full Legs K650

3/4 Legs K550

Half Legs K480

Full Legs K700

Half Legs K550

Full Arms K400

Half Arms K320

Full Arms K550

Half Arms K500

Underarms K350

Underarms K400

Lower Stomach K250

Full Stomach K350

Neck K250

Chest K250

Chest Wax K650

Stomach Wax K 500

Bikini (Sides) K420

French Bikini (Sides & Top)

K480

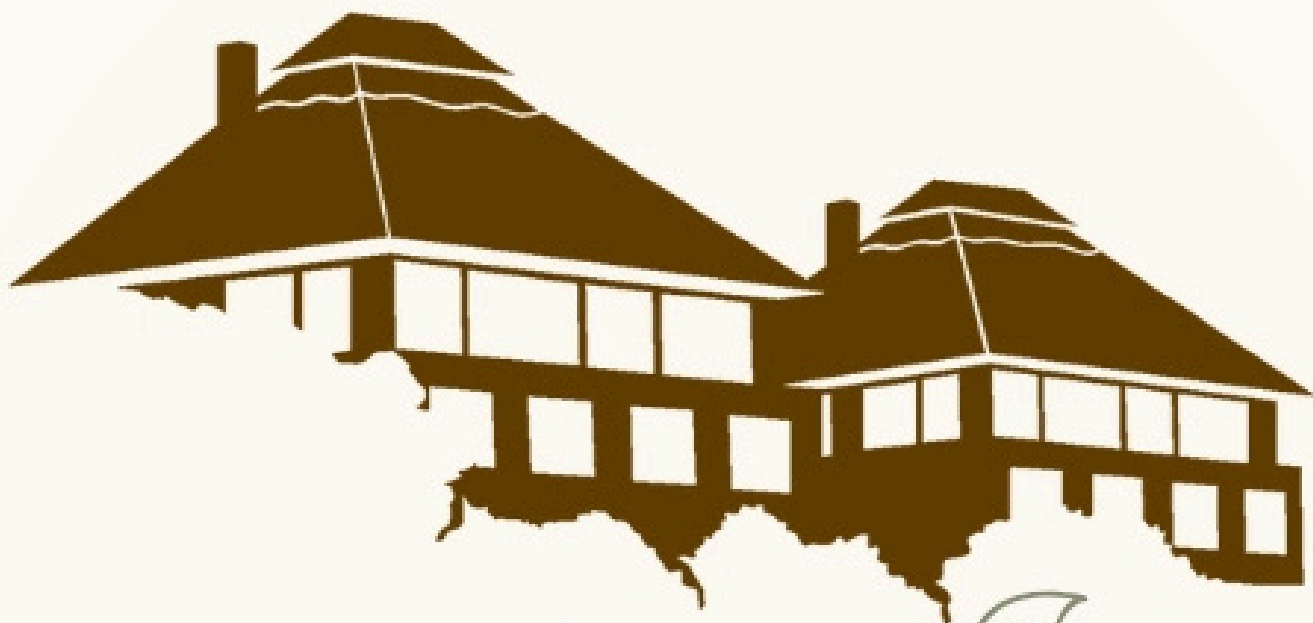
G-String K530

Brazilian K650

Hollywood K760

Neck Wax K350

Back Wax K 750



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